

2023 NDHSAA STATE TRACK & FIELD MEET SCHEDULE

May 25-27 - Bismarck Bowl, Bismarck, ND

THURSDAY

- 3:00 p.m. - Parade of Athletes/National Anthem
- 4:30 p.m. - 4 x 200 Meter Relay - Prelims
- 5:15 p.m. - 3200 Meter Run - Final

FRIDAY

- 10:00 a.m. - National Anthem
- 10:15 a.m. - 300 Meter Hurdles - Prelims
- 11:00 a.m. - 100 Meter Dash - Prelims
- 11:45 a.m. - Class A 1600 Meter Run - Final
- 12:15 p.m. - 400 Meter Dash - Prelims
- 1:00 p.m. - Class B 1600 Meter Run - Final
- 1:30 p.m. - Thursday Awards (3200 & late field events)
- 2:00 p.m. - 100/110 Meter Hurdles - Prelims
- 2:45 p.m. - 200 Meter Dash - Prelims
- 3:30 p.m. - Class A 4 x 800 Meter Relay - Final
- 4:15 p.m. - 4 x 100 Meter Relay - Prelims
- 5:00 p.m. - Class B 4 x 800 Meter Relay - Final

SATURDAY - ALL FINALS

- 9:15 a.m. - National Anthem
- 11:00 a.m. - 300 Meter Hurdles
- 11:30 a.m. - 100 Meter Dash
- 12:00 Noon - 4 x 200 Meter Relay
- 12:30 p.m. - Hall of Fame/Special Recognition
- 1:00 p.m. - 400 Meter Dash
- 1:30 p.m. - 100/110 Meter Hurdles
- 2:00 p.m. - 200 Meter Dash
- 2:30 p.m. - 800 Meter Run
- 3:00 p.m. - 4 x 100 Meter Relay
- 3:30 p.m. - 4 x 400 Meter Relay

NOTE: Events to be run in this order: B Girls, A Girls, B Boys, A Boys

FIELD EVENTS

THURSDAY

3:30 p.m.

- Long Jump - A Boys
- Discus - B Girls
- Shot Put - A Boys
- High Jump - B Boys
- Pole Vault - A Girls

5:30 p.m.

- High Jump - B Girls
- Shot Put - A Girls
- Discus - B Boys
- Long Jump - A Girls

FRIDAY

9:30 a.m.

- Long Jump - B Boys
- Discus - A Boys

10:00 a.m.

- Pole Vault - B Girls
- High Jump - A Boys

11:30 a.m.

- Shot Put - B Boys
- Discus - A Girls
- Long Jump - B Girls

1:00 p.m.

- Pole Vault - B Boys

2:00 p.m.

- Javelin - A Boys
- Triple Jump - A Girls
- Shot Put - B Girls

SATURDAY

9:30 a.m.

- Javelin - A Girls
- Triple Jump - B Boys

10:00 a.m.

- Pole Vault - A Boys
- High Jump - A Girls

12:15 p.m.

- Javelin - B Boys
- Triple Jump - B Girls

2:15 p.m.

- Javelin - B Girls
- Triple Jump - A Boys